



# Scarves Stories Research



## HOW IT WORKS

**Wear the hope** Every scarf is sent with a survivor story, scarf tying instructions, information on Hope Scarves and an invitation to share your story.

**Request a scarf** You can request a scarf for yourself or gift a scarf to a loved one at [hopescarves.org/request](https://hopescarves.org/request).

**Return your scarf** When you're ready to pass your scarf on, return it to us and share your story. We will professionally dry clean the scarf and package it with your story, ready for the next person in need. Visit [hopescarves.org/return](https://hopescarves.org/return).

**Become a Partner** Hospitals and cancer support organizations share Hope Scarves directly with people facing cancer. To find out more about becoming a partner, visit [hopescarves.org/partner](https://hopescarves.org/partner).

**Contribute** Hope Scarves is a nonprofit organization that depends on our community of supporters. Please join us at [hopescarves.org/donate](https://hopescarves.org/donate).

# Lara's

# Story



Lara was 30 years old and seven months pregnant when she was first diagnosed with cancer. A survivor mailed her a box of scarves with a note saying, "You can do this."

This kind gesture was Lara's inspiration for creating Hope Scarves. She wanted every woman who wears a Hope Scarf to feel the strength of the women who faced cancer before her, like she felt with her first scarves, and to provide an opportunity to pass along her story and scarves to encourage the next person who hears the words, "You have cancer."

Seven years later, she was diagnosed with metastatic breast cancer. She realized that scarves and stories were inspiring, but wouldn't save lives, so she expanded our mission to include metastatic breast cancer research. A portion of each dollar raised goes to research, or you can give directly to this fund.



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